

**BEACON CITY SCHOOL DISTRICT  
BREAKFAST MENU • OCTOBER 2009**

***Breakfast at all Schools includes Milk, 100% Fruit Juice OR Fruit Variety  
Choice of Assorted Cold Cereal and Mini Roll Offered Every Day***

<b>J.V. FORRESTAL, GLENHAM, SARGENT &amp; SOUTH AVENUE SCHOOLS</b>				
			1 Assorted Cold Cereal with Small Muffin or Bagel	2 Assorted Cold Cereal with Small Muffin or Bagel
5 WW Kaiser Hard Roll with Cheese	6 French Toast with Syrup	7 Sausage Egg & Cheese on Roll	8 Assorted School Baked Muffins	9 Yogurt Roll
12 Columbus Day Schools Closed	13 Waffles & Sausage Fruit	14 Bacon, Egg & Cheese on English Muffin	15 Pancakes (2) with Syrup	16 Muffin & Yogurt
19 Plain Bagel/Cream Cheese	20 French Toast with Syrup	21 Sausage Egg & Cheese on Roll	22 Assorted School Baked Muffin	23 Assorted Cold Cereal with Small Muffin or Bagel
26 Plain Bagel/Cream Cheese	27 French Toast with Syrup	28 Sausage Egg & Cheese on Roll	29 Pancakes (2) with Syrup	30 Boiled Eyeballs Pumpkin Muffin

<p><b>Beacon High School &amp; Rombout Middle School Breakfast Bagel, Hard Roll or Hot Breakfast Special</b></p>
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